



skin essentials
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2020 Personalised Skincare Plan

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Objectives/Concerns:

- General Anti-ageing
- Maintaining skin texture
- Jawline & neck tightening
- Lower face volumising
- Eye area maintenance.

Solutions:

General Anti-ageing & maintaining skin texture

- Daily skincare to include all skin-essential nutrients.
- 2-3 sessions of microneedling through the year to keep collagen production maximised.
- 4-6 enzyme facials to address any seasonal changes. This will also maintain eye contour area and address any fine lines.

Jawline & neck tightening

- Course of 6 Lipofirm Med to jawline and neck areas.

Lower face volumising

- 3 Voluderm treatments to peri-oral (mouth) area.

